

# CLEMENT KERN GARDENS RESIDENT NEWSLETTER

## September/October 2024



### Back-2-School Tips for the Entire Family!

- 1. Establish a Back-to-School Routine** - Begin to shift bedtime and waking times closer to school routines, to avoid cranky mornings.
- 2. Encourage Open Communication** - Sit with your children and discuss their feelings & expectations about returning to school. Be patient and understanding to make returning to school easier.
- 3. Involve Your Kids In Back-to-School Shopping** - Back to school shopping can be fun when you allow the children to choose some of their school supplies. This teaches them valuable decision-making skills.
- 4. Organize a Study Space** - Set up a quiet, clutter free, well-lit space where your child can concentrate on their studies.
- 5. Encourage Reading** - Reading is a fundamental skill that enhances cognitive abilities and fosters a love for learning. Encourage your child to read daily.
- 6. Plan Healthy Lunches and Snacks** - Proper nutrition is essential for a child's growth & development and it also plays a big role in their academic performance.
- 7. Set Realistic Goals** - Help your child set realistic achievable goals. Setting goals can boost their confidence and commitment to their studies.

### September Activities - Mark Your Calendars

- 1) First Fridays - 9/6- 9am-12pm @ Management Office** - This is your opportunity to ask questions about relocation.
- 2) Women Empowerment Series 21 - 9/12 - 4:30-6 pm @ TCB 1842 Michigan Ave**
- 3) GreenPath Financial Workshop - 9/17 - 5:30-7pm virtual** - How to Reduce Spending  
[https://greenpath.zoom.us/webinar/register/W/N\\_2ZD\\_5SBQRvqI7Zw8QjvwYQ](https://greenpath.zoom.us/webinar/register/W/N_2ZD_5SBQRvqI7Zw8QjvwYQ)
- 4) Seniors of CKG - 9/18 1-2 pm @ CKG seniors 55 & up** let's plan activities for the fall!
- 5) 3rd Annual HAP Health Fair-Sat. 9/21 from 10am-2pm @ TCB 1842 Michigan Ave.**
- 6) Food Distribution - 9/23 - 1-2pm @ CKG.** Come out and receive nutritional food items.
- 7) Tenant Council Meeting - 9/24 - 4-6pm @ CKG**
- 8) Focus Hope Distribution for Seniors - 9/26 @ CKG** - Goods can be picked up from the Management Office.



**SAVE THE DATE!!**

**3rd Annual Health Fair**  
 Saturday September 21, 2024  
 Join Us from 10-2pm at 1842 Michigan Ave.  
 (parking lot)

**SERVICES AVAILABLE**  
 Blood Pressure Checks  
 Oral Health Screenings  
 General health screening: diabetes, cholesterol, kidney function  
 Medicare Education  
 Vaccines  
 HIV testing  
 Financial Health Partners  
 Music, Food Box & More..

FOR MORE INFORMATION: 313-635-4401  
 Find us on FACEBOOK: The Community Builders -CL Detroit

Logos: IMS, ACD, THE COMMUNITY BUILDERS, HAP CareSource, GreenPath, CORNTOWN HEALTH, msufcu, Superpedestrian, Accruent, Karmanos

Health & Nutrition Corner  
 Walkers and Wheelers Walking Club- Happens every Wednesday at Clement Kern Gardens from 12-1pm (meet across the leasing office).  
 Peaches and Greens Produce Truck - Every 3rd Tuesday of the month CorkTown Lobby 1726 Howard St  
 Made With Love w/Chef Nina Love hands-on nutritional cooking class.  
 Next class 9/18 & 9/25 1726 Howard St  
 (PLEASE ARRIVE ON TIME-limited space)

***TCB Disco House Party***



On Friday, August 2nd, TCB hosted a Disco House Party filled with food, dancing, and games. The highlight of the night was the Soul Train Scrabble, where participants created words related to buying a home or are essential for thriving. We were also joined by Pricilla Hampton and Suzanne Stoddard from the Wayne Metro Community Action Agency Housing Team, they provided valuable information on the home-buying process, explained what a FICO score is, and answered participants' questions. Stay tuned for the next TCB House Party!

The party isn't over! While you wait for the next one, ask the TCB staff how you can check and monitor your credit score through the ODTY program with Esusu!

**COMMUNITY RESOURCE FAIR**  
 Helping You Find The Help You Need  
 Detroit at Work Collingwood located in the Durfee Innovation Society  
 2470 Collingwood St. Detroit, MI 48206  
 Wednesday, September 4, 2024  
 @ 10 am - 1:30 pm

GET THE RESOURCES YOU NEED TO GET ON THE RIGHT TRACK! DETROIT-BASED SERVICES WILL FEATURE PROGRAMS TO HELP WITH:

- BABY SUPPLY ASSISTANCE
- FOOD ASSISTANCE
- CLOTHING ASSISTANCE
- TECHNOLOGY ASSISTANCE
- HOME OWNERSHIP INFORMATION
- UTILITY ASSISTANCE
- CHILD CARE SERVICES
- EXPUNGEMENT ASSISTANCE
- FURNITURE

[www.detroitatwork.com](http://www.detroitatwork.com)

**Choice Neighborhoods Website**

Don't delay check out the Choice website TODAY! Find out more information for each of the CNI plan: People, Housing, Neighborhood, Resident Engagement, and Relocation. You can also find previous newsletters, event photos, and more online! Head over to the **website:** [detroitmi.gov/choiceneighborhoods](http://detroitmi.gov/choiceneighborhoods)

## July Resident Council Meeting Recap!



The Community Builders and United Community Housing Coalition, with the sponsorship of Milk Means More, collaborated this month on the Clement Kern Gardens Summer Block Party and July Tenant Council Meeting event. Aaron Scott from Milk Means More addressed the crowd of mostly young people to discuss the importance of nutrition, his organization provided the refreshments. Joel Reyes-Klann from Councilmember Gabriela Santiago-Romero's office provided information on upcoming events and swag. Lisa and Asia, from Michigan Coalition Against Homelessness were on hand to provide voting information to residents of CKG. Audra Kubat from the Detroit Symphony Orchestra engaged the young people in an interactive musical session. Despite the threatening rain, we celebrated the summer with hot dogs, lemonade, and music. Thank you to all who attended.

## August Resident Council Meeting Recap!



The Community Builders and United Community Housing Coalition teamed up to coordinate a Back-to-School Bash for residents of Clement Kern Garden during the monthly tenant council meeting. TCB collected donations of backpacks and school supplies. The City of Detroit was on hand to help distribute supplies and ice cream sandwiches. Vendors from six organizations presented their programming to parents, while kids participated in an organized educational activity.

Vendors Included: Mercy Education Project, Verizon, Urban Neighborhood Initiatives, Today's the Day, Great Start Collaborative & Busy Bee.

Thank you to everyone who came out and endured the heat with us. We are grateful to everyone who helped make this event a success. Please join us next month for our September Tenant Council Meeting on Tuesday September 24th from 4 to 6 PM.



**CHOICE  
NEIGHBORHOODS  
INITIATIVE**



**Do you live  
or work in  
North  
Corktown or  
Historic  
Corktown ?**



**PLEASE TAKE  
THE GREATER  
CORKTOWN  
COMMUNITY  
SURVEY**



**TAKE THE  
SURVEY  
HERE:**



**[bit.ly/corktown24](https://bit.ly/corktown24)**



**CALL (313)-818-3010 OR  
EMAIL [JFMCG@JFMCONSULTING.NET](mailto:JFMCG@JFMCONSULTING.NET)**

## The Employment Corner - Getting the Bag!

Five tips to help you snag your next job opportunity:

1. Network - Neighbor, Family, Friend, Social Media leads
2. Job boards - Indeed, LinkedIn, USAJobs.gov, Glassdoor
3. Job Fairs - Listen to news, Search online near you
4. Temp Agencies - Short term jobs open doors
5. One Stops - Detroit at Work! Centers - WIOA Training



### CKG Workforce & Engagement Specialist

**Tanisha Burton**  
313-353-7868

Looking to contribute to your neighborhood's economy? Consider joining a local team right in your community. These businesses are currently hiring and are eager to bring on board members from the very community that supports them:

- McShane's Irish Pub & Whiskey Bar
- Honey Bee Supermarket
- Liberty Security Group
- Eagle Security

"Stay tuned for upcoming job opportunities and training sessions, which I'll share with you as I receive them."



**Kya French**

### SerCo CNI "Career Coach"

**Need help removing barriers? I got you!**

Meet me at TCB on Tuesdays from 10am-1pm or Thursdays from 1pm-5pm or schedule an appointment to plan for your next job or training opportunity.

Detroit at Work helps individuals succeed in their future endeavors. I'm here to help by encouraging and motivating participants to believe in themselves, reach their potential, and know they have a place in their community to support them in reaching goals.

Call to schedule an appointment @ **313-945-5200**  
Ext. 4254 or email [kfrench@detroitatwork.com](mailto:kfrench@detroitatwork.com)

# September **HAPPY BIRTHDAY** October

|   |   |  |   |
|---|---|--|---|
| <ul style="list-style-type: none"> <li>• Angela Kilgore</li> <li>• Aniyah Moore</li> <li>• Braxton Adams</li> <li>• Carter Green</li> <li>• Damiya Brooks</li> <li>• Ezio Cerda</li> <li>• Gabriella Butler</li> <li>• Jace Smith</li> <li>• Jamique Dismuke</li> <li>• Johnny Guillot</li> </ul> | <ul style="list-style-type: none"> <li>• Laveil Hodges</li> <li>• Ma`Lon Carter</li> <li>• Madena Mckinley</li> <li>• Najin Locke</li> <li>• Natalia Cerda</li> <li>• Regina Diaz-Lopez</li> <li>• Richard Lester Jr.</li> <li>• Skylar Rivera</li> <li>• Tamia Patton</li> </ul> | <ul style="list-style-type: none"> <li>• Geroid Johnson</li> <li>• Jane Bonney</li> <li>• Jase Jackson</li> <li>• Josh Dawson</li> <li>• Karrine Duncan</li> <li>• Lauryn Clerk</li> <li>• Sharee Edwards</li> </ul> | <ul style="list-style-type: none"> <li>• Aminah Dawson</li> <li>• Ana Diaz</li> <li>• Aniyah Samuel</li> <li>• A'Urbre Clerk</li> <li>• Elias Williams</li> <li>• Freddie Thomas</li> </ul> |
|---|---|--|---|

# CLEMENT KERN GARDENS RESIDENT NEWSLETTER

## September/October 2024

Hello  
FALL  
October News



### Relocation Is Coming to A Building Near YOU!

**Relocation details are coming soon!!**  
Please contact Erin Rogers for more information  
related to updates on relocation and moving specifics.  
Email: [ckern@imsteam.net](mailto:ckern@imsteam.net)

All residents are encouraged to attend First Fridays to  
meet with ACD, the developers of Left Field I and  
Clement Kern Gardens, and the Management team.



### October Activities - Mark Your Calendars

#### Oct 1st - 15th Activities

- 1) Wheelers & Walkers - Wed, Oct 2nd & 9th - 12:00-1:00pm @ CKG** - Come get your walk on, your run on or a slow stroll. Let's keep it moving & create healthy habits, while discovering what's NEW in the community along the way!
- 2) First Friday - Fri, Oct 4th 10a-1p @CKG.** Join IMS in the management office to learn more about relocation, updates on Left Field, and upcoming changes at CKG.
- 3) Golden Girls Mentoring Pajama Day Party - Oct 5th - 11a-2p:** Join us for brunch in your favorite PJ's for a day of fun, games, & laughter @ TCB (1842 Michigan Ave.)
- 4) Women Empowerment Series Part XXII - Guest speaker to be announced - Oct 10th- 4:30-6:00pm @ TCB 1842 Michigan Ave.** You are a PRIORITY. We look forward to seeing you!
- 5) Seniors of CKG - Fri, Oct 16th - 1-2pm @ CKG.**
- 6) TCB Colors House Party - Fri, Oct 18th - 5-7pm @ TCB 1842 Michigan Ave.** Join the fun & learn how to strengthen your financial foundation or become a homeowner!



**SAVE THE DATE!!**

**Who's YOUR Hero?**

**NOT ALL HEROES WEAR CAPES**

**Celebrate the heros in your life!**

October 8th was deemed National Hero Day and you have the chance to honor the heros in your life by just saying, **THANK YOU!**



Let's start with our Resident Champions, D'Nisha Brannon & Rhonda Ellington.

**THANK YOU** for your time & commitment to the CKG community as health & early education heros!

Now it's your turn to call or text the hero in your life & say **THANK YOU** for being who & what you needed when you needed it.

Make your health a priority! Join Corktown Health's Made With Love Cooking Classes to learn how to prepare heart healthy meals.

This class will help you explore new ideas and ways to prepare your food while having fun with your friends and neighbors.

Space is limited so be on time and make sure you are in the place!

## Wayne State University

Lots of change is happening in your neighborhood. We want to hear what you think about it and how it's affecting you or your children!

We are recruiting residents of Corktown to participate in a research study about neighborhood change. We would love to interview you about once a year. Each interview is between 60-90 minutes. You will receive \$60 for each interview you participate in. If you live in Corktown and are interested in participating in an interview, please contact Dr. Sarah Lenhoff at Wayne State University at (313) 434-7216 or sarah.lenhoff@wayne.edu.



United Community Housing Coalition