

CLEMENT KERN GARDENS RESIDENT NEWSLETTER

September 2023



Back-2-School Tips for the Entire Family!

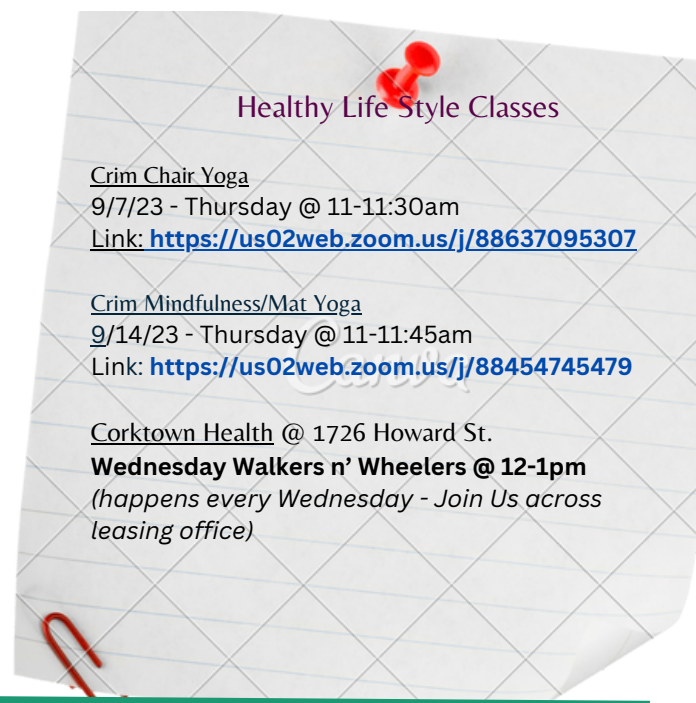
- 1. Establish a Back-to-School Routine** - Begin to shift bedtime and waking times closer to school routines, to avoid cranky mornings.
- 2. Encourage Open Communication** - Sit with your children and discuss their feelings & expectations about returning to school. Be patient and understanding to make returning to school easier.
- 3. Involve Your Kids In Back-to-School Shopping** - Back to school shopping can be fun when you allow the children to choose some of their school supplies. This teaches them valuable decision-making skills.
- 4. Organize a Study Space** - Set up a quiet, clutter free, well-lit space where your child can concentrate on their studies.
- 5. Encourage Reading** - Reading is a fundamental skill that enhances cognitive abilities and fosters a love for learning. Encourage your child to read daily.
- 6. Plan Healthy Lunches and Snacks** - Proper nutrition is essential for a child's growth & development and it also plays a big role in their academic performance.
- 7. Set Realistic Goals** - Help your child set realistic achievable goals. Setting goals can boost their confidence and commitment to their studies.

September Activities - Mark Your Calendars

- 1) Wheelers & Walkers - September 6, 13, 20, & 27th - 12:00-1:00pm @ CKG** Come get your walk on, your run on or a slow stroll. Let's keep moving, moving, moving, while discovering what's in the community along the way!
- 2) Men of CKG - September 12th - 4-5pm @ CKG** "Wise men don't do what's popular, they do what's right." **STRENGTHEN YOUR COMMUNITY** & join us for male bonding & activities.
- 3) Women Empowerment Series Part X - Guest speaker to be announced - September 14th- 4:30-6:00pm @ TCB 1842 Michigan Ave.** You are a **PRIORITY**. We look forward to seeing you!
- 4) Food Distribution - September 18th - 1-2pm @ CKG.** Come out and receive nutritional food items. Fall is coming let's restock those cabinets!
- 5) CKG Seniors 55 & Up - September 19th - 1-2pm @ CKG -** Hey seniors 55 & up, stop peeking out that window and come fellowship with us. We are planning great activities for all.
- 6) Focus Hope Distribution for Seniors - September 26th @ CKG -** Seniors it is such an honor to serve you. TCB Staff will give you a call to deliver. However, if you are not available, your goods can be picked up from the Management Office.
- 7) Tenant Council Meeting - September 26th - 4-6pm @ CKG - THIS IS YOUR MEETING! Come learn about what's going on in your community.**
- 8.) Youth Club - September 28th - 3:30-5pm @ CKG** All ages are welcome!



SAVE THE DATE!!



TALENT AT CLEMENT KERN GARDENS



Healthy Food Resources

Food Distribution is held monthly, on the last Friday of the month in front of the Management Office from 1-2pm. Please text the CL Service Coordinators to be added to the list for pick up @ 313.484.4702.

Next Distribution - September 18th

JOIN US

Wednesday's Walkers & Wheelers

When: Every Wednesday from 12:00pm- 1:00pm

Where: Across from the Leasing Office

Who: Corktown Health and Resident Champion, Dnisha Brannon

For More Information Call- Christina (TCB) @ 313-484-4709 .



Choice Neighborhoods Website

Have you seen our newly updated website? We redesigned it specifically for you! Find out more information on our People, Housing, Neighborhood & Resident Engagement strategies and even read these newsletters online! Head over to the website:

detroitmi.gov/choiceneighborhoods



On July 22nd, Carrington Bourne, displayed her pieces of artwork at Griffin Gardens. She was one of 11 Detroit artists that participated. During the event, she had the opportunity to display three of her paintings and other art prints, which she was able to sell. Carrington has a college degree in Visual Arts from Wayne State University and has recently gone back to school to become an art teacher. Her passion for art started when she was 8 years old. Since her last showcase, Carrington has been presented with the opportunity to participate in an art show for the second time. When we asked Carrington what her goal was in participating in this event, she shared that she hopes that people enjoy the art and talent all around Detroit. Carrington is grateful for this experience and the additional opportunities that will come her way. If you are available on Saturday, September 2nd come and support your CKG neighbor on this FREE Community Event at Griffin Gardens, located at 19400 Bentler St. Detroit, MI 48219.



Angela Kilgore
Aniyah Moore
Braxton Adams
Carter Green
Damiya Brooks
Ezio Cerda

Gabriella Butler
Jace Smith
Jamique Dismuke
Johnny Guillot
Laveil Hodges
Ma`Lon Carter
Madena Mckinley

Najin Locke
Natalia Cerda
Regina Diaz-
Lopez
Richard Lester Jr.
Skylar Rivera
Tamia Patton



Tanisha Burton

CKG Workforce & Engagement Specialist

Over the course of the Choice grant, Tanisha Burton, CNI Education and Workforce Specialist, will serve as support to the TCB Community Life to assist in the day-to-day engagement of Clement Kern Gardens residents, and support in the development of resources and opportunities to improve the broader quality of life of residents as it pertains to workforce opportunities and as available access to business development. Bringing to her role, Tanisha will seek job leads, create opportunities for hiring events, and provide job tips (ie., resume building, cover letter, dress to success, and much more). **Don't miss connecting with Tanisha when you see her around CKG!**

IMPORTANT ANNOUNCEMENT!

Kimberly Cooley will be out on Medical for a few weeks. During that time you will not be alone! Your resources are -

- New Workforce Development Consultant, Tanisha Burton. She has Workforce Resources. Connect to learn what!
- Business Services Representative (BSR), Gloria Messenger - Job Placement through one-to-one consults, Job Fairs, etc.
- Community Life Representatives - Christina, Tracey, and Melinda who receive and share job lead information
- SER Metro-Detroit - The Detroit at Work! center offers job and training support. Gloria is CKG's personal BSR

NOTE - Third Thursdays is suspended until her return. When we start again, we have exciting career explorations!

How to find employment or training when help is not around!

1. Network - Neighbor, Family, Friend, Social Media leads
2. Referrals - If company offers bonus, find an employee
3. Job boards - Indeed, LinkedIn, USAJobs.gov, Glassdoor
4. Job Fairs - Listen to news, Search online near you
5. Volunteering - Team leaders note your excellent help
6. Temp Company - Short term jobs open doors
7. One Stops - Detroit at Work! Centers - WIOA Training
8. Free Online Certifications - LinkedIn Learning, Google Certs
9. Michigan Reconnect - Matches you to college and training
10. Future Proud Michigan Educator - Grant and Scholarships
11. Michigan Tuition Grant - Degree at Colleges & Nonprofits
12. Check where you work. Tuition assistance is often available.

August Resident Council Meeting Recap!



UCHC, in collaboration with The Community Builders, facilitated the August Tenant Council Meeting on August 29th, which focused on back-to-school programming and community resources. The Fair Food Network and PNC Bank spoke about food and financial resources available in the community. Matrix Human Services, Great Start Collaboration, Mercy Education Project and Congress of Community spoke about tutoring programs and school support programs they offer families. UCHC and TCB ended the event with a backpack raffle for families who participated in the event.

The Fair Food Network spoke about their Double Up Food Bucks program, which offers food assistance to Michigan residents who have an active EBT/Bridge Card or are on SNAP. People can use their Bridge Card and Double Up at participating locations and get a dollar-for-dollar match to spend more on fresh fruits and veggies. A PNC representative shared the PNC mobile banking project that seeks to provide on-site banking to communities and neighborhoods. Matrix Human Services spoke about their after-school services, one on one support and in-school services they offer to kids from the ages 10-17. A representative from Mercy Education Project spoke about learning opportunities for women and girls. For girls they offer tutors and college prep and for women they offer GED preparation and adult basic education. Congress of Communities spoke and shared information about the programs and resources they offer families, such as early learning programs and youth council initiatives for ages 12-15.

After all groups spoke and residents visited each table, they were entered into the backpack raffle. Over 20 backpacks were raffled off to CKG families. Look out for the September Tenant Council which will be held on Tuesday September 26th from 4 to 6 PM. If you have any questions or suggestions, please reach out to the tenant organizers at UCHC.

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Pablo Marcos 313-572-1401

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CLEMENT KERN GARDENS

HAPPENINGS @ CKG

