

Long-Term Care Facilities

COVID-19 Best Practices



Detroit Health Department recommends the following best practices to prevent the spread of COVID-19 at long-term care facilities.

Facility Infection Prevention Best Practices:

- During periods of substantial or high transmission (see [MI Safe Start Map](#) for current risk level) implement the following regardless of vaccination status:
 - Daily health screenings or questionnaires (residents, patients, staff, visitors)
 - Conduct regular testing (residents, patients, staff)
- Promote COVID-19 vaccination among residents and staff
 - Request a vaccination event [here](#) or schedule an appointment at (313) 230-0505
- Ensure proper [ventilation](#) of rooms and common spaces
 - i.e. opening windows and doors, cleaning HVAC systems, installing HEPA filtration systems
- [Clean and disinfect](#) high-touch surfaces daily
- Provide hand sanitizer and/or washing stations
- Post social distancing and mask usage signs in high traffic areas
 - i.e. elevators, breakrooms, hallways, community areas, etc.
- Schedule visits in designated visitation areas or offer virtual or modified options.



How to Respond to a Positive Case:

- Call the Detroit Health Department at (313) 876-4000 to report positive case(s)
- Deep clean areas where the positive case was present within 24 hours
- Adhere to CDC [isolation and quarantine](#) guidance, even before test results arrive if infection is suspected
- Cohort groups of people based on exposure status, including a “well unit”

Isolation For people who test positive for COVID-19:

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| <ul style="list-style-type: none">• Residents<ul style="list-style-type: none">• Isolate and wear a mask for 10 days AND it has been 24 hours after major symptoms (i.e. fever) are gone | <ul style="list-style-type: none">• Staff*<ul style="list-style-type: none">• Stay home for 10 days OR 7 days with negative test |
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Quarantine For people who were exposed to COVID-19:

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| <ul style="list-style-type: none">• Residents<ul style="list-style-type: none">• Quarantine, wear a mask, and monitor for symptoms for 10 days (regardless of vaccination status) | <ul style="list-style-type: none">• Staff*<ul style="list-style-type: none">• Boosted: No work restrictions, with negative test on days 2 and 5-7• Not fully vaccinated: Stay home for 10 days OR 7 days with negative test |
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*Work restrictions for healthcare providers may be shortened in times of critical staffing shortages, see [here](#).



The Detroit Health Department partners with [Infection Prevention Resource and Assessment Team \(IPRAT\)](#) to provide additional guidance for home providers and managers.

Scan the QR Code to access the links in this document on your mobile device. Contact us at DHDOutbreak@detroitmi.gov or (313) 876-4000.

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